



## Resource for Practicing Indirect Care (Sample of Approach)

<START>

1. Knock
2. Greet patient, identify/address patient by name, introduce yourself, and ask permission to perform skill.
3. Close curtain/door
4. Wash hands
5. Check patient's identification band.
6. Gather supplies and set up.
7. Perform skill while maintaining safety, comfort, universal precautions, patient's rights, and communication. (Standard precautions and infection control)
8. Record and clean up as needed.
9. Completion Procedures: Is there anything I may assist you with?

Call signal within patients reach.

Repeat your name.

Open curtain (Ask if patient would prefer it closed)

Wash hands

10. Document and report to care plan/chart.

Introduction:

Hello Mr(s)\_\_\_\_. Give me a moment while I wash my hands. (Also place patients call bell within reach). Come back to patient and check identification band. Alright Mr(s)\_\_\_\_, my name is\_\_\_\_. I am your CNA for the day. I am here to perform \_(skill)\_. Is this alright with you? Here is your call bell in case you may need further assistance while I am gathering my supplies. (Place patients call bell within reach)

During:

Speak to patient in a kind and soft manner. Ask how they are feeling and engage in conversation. Ask if they are at all uncomfortable, dizzy, and preferences. Provide patient with explanations about care (before and during). Maintain standard precautions/infection control and promote patients' safety/rights.

Leaving:

Here is your call bell Mr(s)\_\_\_\_. Is there anything that I may assist you with? Again, my name is\_\_\_\_. If there is anything you need, don't hesitate to call for me.

<END>

We hope you found this resource helpful. Feel free to contact us for details, questions and any further information.

Visit us at: [CNATUTORPLUS.COM](http://CNATUTORPLUS.COM)

Thank you,

[MissLo@CNATUTORPLUS.COM](mailto:MissLo@CNATUTORPLUS.COM)

772.807.2379